



Northern Virginia Family Service

Mentoring-Volunteer Opportunity

Mentor Questionnaire

Mentor Name: _____

Do you have experience as a mentor?

What would you like to accomplish by being a mentor?

Please describe previous volunteer work you have done.

Languages you can speak well: _____

Additional comments: _____

Mentor Activities and Interests

How do you spend your leisure time?

PRINT "D" next to the activities you like to do.

PRINT "W" next to the activities you like to watch.

PRINT "T" next to the activities you don't participate in, but would be willing to try.

Leave the line BLANK if you have absolutely no interest in this activity.

SPORTS

- Football
- Baseball
- Basketball
- Soccer
- Ping pong
- Tennis
- Volleyball
- Bowling
- Billiards
- Swimming
- Mini-Golf
- Handball
- Softball
- Frisbee
- Sewing
- Video games
- Musical instruments
- Playing cards
- Pool, pinball, foosball
- Racquetball
- Martial arts

SCHOOL SUBJECTS

- Science
- Social Studies
- Math
- English
- History

MANUAL

- Photography
- Knitting/Crochet
- Painting
- Computers

OUTDOOR (may not be able to do these activities together, but it is helpful for the matching process)

- Walking
- Hiking
- Camping
- Fishing
- Picnicking
- Boating
- Horseback riding
- Study nature
- Animal tending
- Arts and Crafts
- Electronics
- Woodworking

- Gardening
- Rock climbing
- Travel/sightseeing
- Bike riding
- Jogging/running

INDOOR

- Television
- Movies
- Plays
- Concerts
- Dancing
- Stamp collecting
- Coin collecting
- Model planes/cars
- Reading
- Board games