

# Arlington Mill Early Head Start Child Development Center



## *Family Services and Involvement*

The Early Head Start program recognizes the importance of family, especially parents, in the lives of young children. The program is most beneficial when parents and staff work together as a team.

Parents are encouraged to participate in all aspects of the Early Head Start program by:

- Volunteering in the classroom
- Participating in parent meetings and parent activities
- Participating in Policy Council

The Early Head Start program supports families in building on their strengths as well as identifying and reaching their individual and family goals.

## *Health and Nutrition*

Children whose physical and oral health needs are met in their early years are more likely to be ready to learn and succeed. Therefore, our Early Head Start program:

- Strives to ensure that all children are linked to an ongoing source of health and dental care;
- Links families to resources to help meet their basic health needs;
- Serves healthy, balanced meals every day.

*We support  
you as your  
child's first  
teacher*



*We ensure that  
every child  
receives ongoing  
health care*

## **What you will see at our centers:**

- Friendly, inviting classrooms with music, books, and creative materials.
- Teachers sitting on the floor with children and talking with them about their activities.
- Children painting at easels, working with play-dough, and building with blocks.
- Separate, well-equipped areas for infants, young toddlers, and older toddlers.
- Colorful visual teaching aids such as a schedule of the day's activities in pictures.
- A parent volunteer sharing songs and dances from her own culture.
- A fenced playground with equipment specially designed for infants and toddlers.
- A small group of toddlers welcoming and making friends with a new child on his/her first day.

**For enrollment or more information about Arlington Mill Child Development Center,  
please call 571.748.2900**

# What is Early Head Start?

Head Start is a national program established to serve pregnant women and their children from birth to age three. The program recognizes that by providing services at an early age, a child's growth and development can be significantly impacted.

Since its creation, the Early Head Start program has had a positive impact on the health, development, and school readiness of the children it serves.



## *NVFS Early Head Start*

The Arlington Mill Early Head Start Center is a full-year child development program for children between the ages of 6 weeks and 3 years old. We provide a safe and nurturing learning environment and respond to each child's individual needs and interests.

Experiences in the classroom support each child's growth in: physical, social, emotional, language and cognitive development.

At least 10% of enrollment opportunities are made available to children with disabilities.



## About Us

The Arlington Mill Early Head Start Center is a program of the Early Childhood Division of Northern Virginia Family Service (NVFS), a private, 501(c)(3) nonprofit organization.

NVFS' mission is to empower individuals and families to improve their quality of life and to promote community cooperation and support in responding to family needs.

### *NVFS programs include:*

- Early Childhood Services
- Child Placement Services
- Health Services
- Legal Services
- Housing Services
- Intervention & Prevention Services
- Workforce Development Services

For more information on NVFS programs,  
call 571.748.2500  
or visit our website at  
[www.nvfs.org](http://www.nvfs.org).



Northern Virginia  
Family Service



Northern Virginia  
Family Service

# Arlington Mill

## Early Head Start



## Child Development Center



909 S. Dinwiddie Street  
Arlington, VA 22204  
571.748.2900

Hours of Operation:  
Monday-Friday, 7:00 am – 4:30 pm