### **Arlington Mill Early Head Start Child Development Center**



Family Services and Involvement

The Early Head Start program recognizes the importance of family, especially parents, in the lives of young children. The program is most beneficial when parents and staff work together as a team.

Parents are encouraged to participate in all aspects of the Early Head Start program by:

- Volunteering in the classroom
- Participating in parent meetings and parent activities
- Participating in Policy Council

The Early Head Start program supports families in building on their strengths as well as identifying and reaching their individual and family goals.

#### Health and Nutrition

Children whose physical and oral health needs are met in their early years are more likely to be ready to learn and succeed. Therefore, our Early Head Start program:

- Strives to ensure that all children are linked to an ongoing source of health and dental care;
- Links families to resources to help meet their basic health needs;
- Serves healthy, balanced meals every day.

We support you as your child's first teacher



# What you will see at our centers:

- Friendly, inviting classrooms with music, books, and creative materials.
- Teachers sitting on the floor with children and talking with them about their activities.
- Children painting at easels, working with play-dough, and building with blocks.
- Separate, well-equipped areas for infants, young toddlers, and older toddlers.
- Colorful visual teaching aids such as a schedule of the day's activities in pictures.
- A parent volunteer sharing songs and dances from her own culture.
- A fenced playground with equipment specially designed for infants and toddlers.
- A small group of toddlers welcoming and making friends with a new child on his/her first day.



We ensure that every child receives ongoing health care

For enrollment or more information about Arlington Mill Child Development Center, please call 571.748.2900

## What is Early Head Start?

Head Start is a national program established to serve pregnant women and their children from birth to age three. The program recognizes that by providing services at an early age, a child's growth and development can be significantly impacted.

Since its creation, the Early Head Start program has had a positive impact on the health, development, and school readiness of the children it serves.



#### **NVFS Early Head Start**

The Arlington Mill Early Head Start Center is a full-year child development program for children between the ages of 6 weeks and 3 years old. We provide a safe and nurturing learning environment and respond to each child's individual needs and interests.

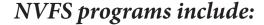
Experiences in the classroom support each child's growth in: physical, social, emotional, language and cognitive development.

At least 10% of enrollment opportunities are made available to children with disabilities.



The Arlington Mill Early Head Start Center is a program of the Early Childhood Division of Northern Virginia Family Service (NVFS), a private, 501(c)(3) nonprofit organization.

NVFS' mission is to empower individuals and families to improve their quality of life and to promote community cooperation and support in responding to family needs.



Early Childhood Services
Child Placement Services
Health Services
Legal Services
Housing Services
Intervention & Prevention Services
Workforce Development Services

For more information on NVFS programs, call 571.748.2500 or visit our website at www.nvfs.org.





# **Arlington Mill**

# **Early**



### **Child Development Center**



909 S. Dinwiddie Street Arlington, VA 22204 571.748.2900

Hours of Operation: Monday-Friday, 7:00 am – 4:30 pm