



Help • Hope • Here

# Family Focus

FALL 2010

## One Volunteer Determined to Leave a Legacy



The NVFS Family Legacy Society invited charter members to join from July 2008 through June 2010. This group was established to recognize those thoughtful and generous individuals who make estate and planned gift provisions for Northern Virginia Family Service.

By making bequests and other types of estate gifts, Family Legacy Society members honor the valuable and enduring legacy of the NVFS mission and provide a foundation for ongoing financial security. These gifts will help to ensure that our promise of service and steadfastness does not waver, regardless of prevailing economic conditions.

Vince and Gillian Sescio recently became Family Legacy Society charter members and Vince kindly agreed to answer a few questions for Family Focus.

**FF:** "Vince, you and Gillian made a generous decision to include Training Futures, a program of NVFS, in your estate plans. Could you tell us how you came to that decision?"

*continued on page 4*

## Never Say Quit

Ten years ago, Bobbie was confronted with a nightmare scenario. Her husband passed away, leaving her alone to take care of five children. Recently, she graduated from our Training Futures program and received high marks in a special phlebotomy internship at Inova. Her story is at once heartbreaking and inspiring.

When her husband died, Bobbie was already a hard-working mother of five. Quickly, though, she made some drastic changes and moved from New York to be closer to family. Working two retail jobs wasn't paying all the bills, and she needed help. Friends called her and invited her to the DC area, citing the very good job market here, and promising cheaper living arrangements. In just the first few years after taking on the care of her entire family, Bobbie picked up everything and moved to a new city twice, but wasn't prepared for what happened next.

*continued on page 5*



Bobbie Morreale, a recent graduate of our Training Futures program, has elected to continue her schooling in hopes of becoming a Certified Lab Technician.



United Way  
of the National  
Capital Area

#8099



#79645

Don't forget to  
designate NVFS in  
your workplace  
giving pledge  
this year.

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## Upcoming NVFS Events

Contact:

Jennifer Rose | 703.219.2174 | [jrose@nvfs.org](mailto:jrose@nvfs.org)

Crista Peterson | 703.219.2136 | [cpeterson@nvfs.org](mailto:cpeterson@nvfs.org)

### Fannie Mae Help the Homeless Walkathon

(Saturday, November 20)

Since 1988, the Fannie Mae Help the Homeless Program has brought together caring and committed individuals to work toward preventing and ending homelessness in our region. It has become the largest funding collaborative in the nation focused on homelessness, raising more than \$70 million for nonprofit organizations in our region. Each year, we join tens of thousands of our neighbors in this walk to raise awareness and funds to end homelessness.

#### How You Can Help NVFS

Adults and youth can participate in the 23rd Annual Help the Homeless Walkathon (the "Walkathon"). The Walkathon will take place on Saturday, November 20 on the National Mall. Registration opens at 7 am, with the program beginning at 8:30 am and the Walkathon starting at 9 am. The Walkathon is a 5K stroll around the beautiful National Mall.

We are looking for walkers for the Walkathon as well as donors to sponsor youth walkers. Our goal is to register 3,000 walkers, so we can earn an incentive award of \$50,000! We will hit that mark this year. Last year, we fell short by only a few hundred. With your participation, we will do it this year.

To register, donate, or to learn more information about the Fannie Mae Help the Homeless Walkathon, go to [www.helpthehomelessdc.org](http://www.helpthehomelessdc.org)

### Road to Independence Gala

(Friday, May 13)

In 2011, NVFS will host its 13th annual Road to Independence Gala. The 2010 Gala was the most successful NVFS to date and we plan to keep up the trend. Consider joining us at this exciting and fun event by becoming a sponsor, donor or volunteer.



### Home for the Holidays

(Sunday, December 5)

HOME for the Holidays

is our newest event aimed at supporting the numerous NVFS programs geared toward empowering individuals and families to improve their quality of life. Companies and individuals are asked to build teams and sponsor at one of 5

various levels: Playhouse, Doghouse, Dollhouse, Birdhouse, or Gingerbread House.



Every team has the chance to design and create a house that will be part of a large display of homes. Each house will then be auctioned off with the proceeds going back to support the NVFS mission and our five core service areas: Safe & Stable Housing, Emergency Assistance, Health Access, Workforce Development, and Children & Youth Services.

Take part in this exciting new event premiering December 5th, 2010 in a fantastic APEX Custom Home located at the luxurious and gated Creighton Farms. You can have fun, learn great new skills, and improve your team working abilities while doing something great for your community!

As always, we want to acknowledge the generosity of our Principal Partners who contribute financially and also give their time and expertise to ensure that NVFS programs are a success!

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## Giftng for Families Holiday Drive

Make a difference in the lives of thousands of needy children this holiday season. Participate in the 2010 Giftng for Families holiday initiative. Through Giftng for Families, NVFS provides grocery cards, gift cards and toys to families in need to help make the holiday season a little brighter. We anticipate providing assistance to many families this year.

We need your help! To support our Giftng for Families Drive, you can:

- Donate gift cards for \$20 or \$25 for Harris Teeter, Safeway, Giant, Wal-Mart or Target
- Purchase new, unwrapped toys
- Volunteer in our Toy Closet
- Make a generous financial contribution

In order to properly process the donations and get them into the hands of those in need, we will need items by the following deadlines:

**Gift Cards:** December 13  
(Delivered to our office in Oakton)

**New, Unwrapped Toys:** December 8-10 & 13-15  
between 9:30 am - 1:30 pm or by appointment  
(Delivered to our Toy Closet – location TBA)

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## Back-to-School Drive an A+ Success

Thanks to the generosity of the community, NVFS was able to distribute over 2,000 backpacks stuffed with grade appropriate school supplies to needy children across the region. We were also able to send supplies to many of our programs, including Training Futures, the Arlington Head Start Center and our two Early Head Start Child Development Centers. In 2009, we distributed nearly 800 backpacks. A special thank you to one of our best partners – Apple Federal Credit Union served as collection points across Northern Virginia for donated school supplies. Once again, an anonymous donor provided NVFS with hundreds of the backpacks and many, many school supplies to fill them. Thanks so much for helping get our kids off to school “Ready to Learn!”

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## New Transitional Home Opening

In July, we were elated to open the doors to a newly renovated transitional home with the help from the Kramer-Oberdorfer Housing Fund, HomeAid of Northern Virginia and Beazer Homes. This was the result of years of fundraising spearheaded by Julia Kramer and Thomas Oberdorfer, who worked together to raise the funds needed to purchase a townhome and then donated the property to our BEST Transitional Housing program.

Seen below, a family was able to move into the transitional home after their apartment had burned down. The whole community provided support that will make a lasting difference for this family, and for every family that finds temporary respite within this unit. NVFS now operates 8 transitional homes in the region.





## Legacy *(continued from page 1)*

**VS:** “As a Training Futures volunteer for over 13 years, I have developed a unique perspective on the program, seen the impact it has had on program graduates and their families, and observed the professionalism of the staff and volunteer cadre. During those years, our financial support for this program increased significantly, but so did the need for job training. When Gillian and I updated our wills several years ago, we decided to leave a bequest to support a future generation of Training Futures’ students and graduates.”

*When Gillian and I updated our wills several years ago, we decided to leave a bequest to support a future generation of Training Futures’ students and graduates.”*

**FF:** “That shows a lot of foresight in realizing the future support your bequest can provide. Would you share with us the steps you took to include NVFS in your plans? Others might like to know if it’s at all complicated.”

**VS:** “Actually, there were only two steps: 1) making the decision to support NVFS with a planned gift to Training Futures, and 2) providing specific instructions to our attorney to include the proper language in our wills.”

**FF:** “That sounds pretty simple, Vince. What would you suggest to others who might be considering making similar provisions for Northern Virginia Family Service?”

**VS:** “Since there are several ways to make planned gifts, I would suggest that they talk to Carole Fay, Chief Development Officer for NVFS. She has experience in this area of giving and knows the Agency and its programs well. She could provide guidance to anyone who might be contemplating such a gift to NVFS and would be happy to speak with that person’s legal or financial advisors as well. I would encourage anyone to consider this type of contribution!”

**FF:** “Thank you for your time in talking with us – and even more for the support and commitment you have shown for this important NVFS program. Your hours of volunteerism and dedication to Training Futures are deeply appreciated!”

If your will is already in place, you may add a simple codicil to make an unrestricted bequest to NVFS that reads...“I give, devise and bequeath to Northern Virginia Family Service, Oakton, VA, the sum of \$\_\_\_\_\_ \* for its general purposes.”

If you have questions or would like to discuss more details about making a bequest or planned gift with provisions for NVFS, please feel free to contact Carole Fay at cfay@nvfs.org or 703.219.2130.

\*Rather than leaving a specific \$ amount, you can include language that refers to a specified percentage of your estate or the remainder amount of your estate when all other bequests have been distributed.

## Thanks to Our Sponsors of the Lou Maroon Golf Tournament



Pictured above: Bill Burton, Ted Murray, Dave Campbell, Brad Burton

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## Never Say Quit *(continued from page 1)*

During her move to DC, Bobbie's hired movers stole her furniture. After moving from one residence to another several times, they ended up in a shelter. She continued to work multiple jobs, and was commuting to Annapolis for work. The shelter that she was in had mandatory evening programs that Bobbie was unable to attend because of her lengthy work commute. She was eventually asked to leave the shelter. In order to secure a more stable living situation for Bobbie's children: all except for one were placed in foster care.

A workplace injury (unloading a truck for her retail store where she was an assistant manager) dealt a huge blow to her efforts to be independent. Her counselor referred her to the NVFS Early Head Start (EHS) program so that her youngest child could receive quality care and oversight. A little later, one of the EHS teachers recommended that Bobbie look into applying for Training Futures.

When she made it into Training Futures, she had to make many adjustments. She recounts, "For the first time in 15 years, I went out and spent money on myself, to buy clothes for work. I didn't feel guilty...it felt great!" Bobbie excelled in her internship at INOVA hospital, gaining acceptance into a special phlebotomy internship.

Through her experience at Training Futures and some additional counseling she received at one of our facilities in Falls Church, Bobbie made the decision to leverage the credit hours she had received and continue her studies at NOVA. "There are two things that Training Futures gave me that are more important than anything: belief in myself and my life's dream – a college education."

As the years have passed by, Bobbie has finally been able to stabilize her living situation. A good friend in Virginia bought a home and is renting her the upstairs portion of the home. Bobbie has been able, slowly, to regain custody and reestablish contact with her children, some of whom are now in college and serving in the military.

Now, Bobbie is close to attaining a degree as a Medical Lab Technician, and hopes to find full-time work in the medical field. In the meantime, she was able to get a job as a receptionist at a direct mail firm. For her, there's never been an option to quit. "You have to show people you're willing to keep chipping away at that stone, like Michaelangelo did with David. It takes years. If you aren't willing to do the work, then you might as well close up shop," she says defiantly.

## Good Works

*People can reach out in many unique ways to support the communities in which they live. All of these efforts, in one way or another, have a profound effect upon families and children in our region. These are just a few examples of how our supporters have chosen to give back.*

### Brotherly Love

This year's annual school supplies drive was the largest in our organization's history. We couldn't have helped so many without more supporters than ever before. We were particularly impressed by brothers Nick, 12, and Jonathan, 14. The boys' birthdays are only a few days apart and they celebrate together in an annual party the weekend before Labor Day. In lieu of birthday gifts, the boys asked for their guests to bring school supplies in support of our Back to School drive. The boys brought in quite a few backpacks with enough supplies to fill nearly all of them! A very special thank you to these generous and thoughtful young men.

### A Family Affair

It takes a lot of coordination, energy and effort to stuff over 2,000 backpacks. Our goal was so large that we worked out of 2 different operations centers! We owe a huge thank you to the Collins Family. Pam and her 3 children – Ivel Lee, 15, Parker and Anne, both 13 – worked an entire week to stuff and stage backpacks. They worked so quickly and efficiently that the backpacks in our Fairfax Operations Center that we were finished in record time! The Collinses learned about NVFS a few years ago through the children's school – Westminster School, a regular supporter of many of our drives and activities. In fact, 2 other students from Westminster also helped out with this year's school supplies drive – Alexandra Baker, 12 and Alex Rose, 6.



# Our Supporters Make All the Difference!

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*Our sincere apologies to anyone who may have inadvertently been excluded from this list representing donors since the last issue of Family Focus.*

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703.385.3267

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Arlington, VA 22207  
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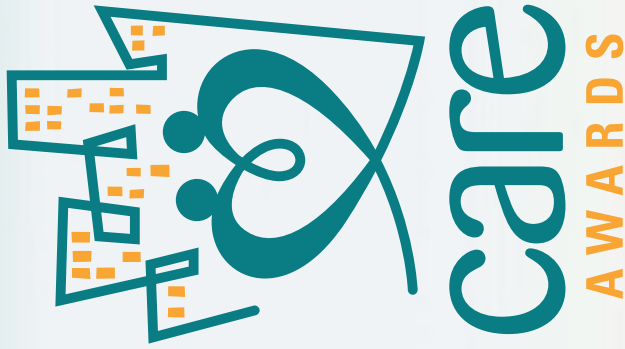
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