



Help • Hope • Here

# Family Focus

WINTER/SPRING 2011



## Volunteer Highlights

Volunteers are the heart and soul of NVFS. We could not do our very important work without the dedication and support of our volunteers in all aspects of our programs. NVFS recently honored a few of our outstanding volunteers with nominations for the 19th annual Fairfax County Service Awards. With the nomination, our volunteers receive a complimentary ticket to the awards breakfast being held on April 14th where they will be honored amongst their peers.

The awards program has honored over 1,800 volunteers in Fairfax County over the past 18 years, and we are hopeful that these exceptional individuals will be amongst the winners this year. Please read our nomination text for three of the five volunteers we nominated below.



**Omar Mahmood**  
MHS Administrative Volunteer

Omar has been working as a volunteer with the Multi-cultural Human Services (MHS) since February of last year and since that time has logged approximately 570 volunteer hours. "The volunteer work that Omar Mahmood does is noteworthy. He takes on projects however

mundane and completes it with enthusiasm," says Paulos Yacob, Front Office Coordinator. Omar assists with administrative duties at the front desk of MHS. He greets and processes clients for MHS, assists with generating the psychiatry schedule and has been very instrumental in applying his Arabic translation expertise for our attorneys and clients. According to Cyndy Dailey, Director of MHS, "Omar is an extremely dedicated volunteer who is consistent and committed in his work with MHS. Over the past year Omar has provided a wide range of services that have benefited our programs and clients. He is always pleasant, kind and willing to do whatever task is required, no matter how menial. While he performs many of the administrative functions that keep the busy front desk flowing smoothly, Omar has also used his language skills to translate and his professional legal knowledge to assist our immigration attorney. Omar has been a real asset to MHS and has excelled as a volunteer."



**Tony Ferraro**  
Falls Church Clock Tower Thrift Shop Volunteer

Tony has been volunteering with the Falls Church Thrift Shop for 4 years and in that time has volunteered over 2,500 hours. Tony volunteers daily at the NVFS Clock Tower Thrift Shop in Falls Church. In 2010 alone, he worked almost 650 hours! Six days a week, he helps to set up the store front and improves the overall appearance of the store. This makes our Thrift Shop more appealing

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United Way  
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## Upcoming NVFS Events

### Contact:

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Crista Peterson | 703.219.2136 | [cpeterson@nvfs.org](mailto:cpeterson@nvfs.org)

## Road to Independence Gala

(Friday, May 13)

It's Almost Here!

Northern Virginia Family Service presents our fabulous signature fundraising event – the Road to Independence Gala. Get ready for another extraordinary evening, of hors d' oeuvres, cocktails, silent and live auctions, dinner, and heartwarming stories.

Mark your calendars for Friday, May 13, 2011 at the Hilton McLean Tysons Corner. The celebration begins at 6:30 pm with our silent auction featuring many unique items such as:

### Cooking Class for 6 People in Your Home:

Talented Chef Matt Finarelli has worked in a number of delicious restaurants including Restaurant Vero and Rustico. Matt helped start Open Kitchen - a culinary space to eat, cook, and entertain. He has offered to come to your home and hold a private cooking class where you will learn to prepare a fabulous 3 course meal.

### A Day at The Races:

Head to the horse races! You and 9 guests will have reserved seating, a race named in your honor, a presentation in the winner's circle, and parking for 10 cars.

### Margarita Madness:

This fun basket contains everything you need to make marvelous margaritas – including the tequila!

You can make a difference in the lives of individuals and families in need throughout our region by supporting the gala - purchase tickets, sponsorships, or donate an auction item! Visit [www.nvfs.org/gala](http://www.nvfs.org/gala) to learn more.

## Big News! NVFS Golf Tournament

As always, we want to acknowledge the generosity of our Principal Partners who contribute financially and also give their time and expertise to ensure that NVFS programs are a success!

« [Bank of America](#) « [Booz Allen Hamilton](#) « [Capital One](#) « [Freddie Mac Foundation](#) « [Gannett Co., Inc.](#)  
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(Thursday, August 4)

Wells Fargo Insurance Services is the tournament underwriter for our upcoming NVFS Golf Tournament.

**WELLS  
FARGO**

The beautiful 1757 Golf Club features an 18-hole, par-70, 6,600-yard golf course. Expertly designed by renowned architect David Heatwole, who brings nearly two decades of course design for legendary golfer/designer Jack Nicklaus to 1757, the bent-grass course, from tee to green, challenges the mind and stimulates the senses while remaining sensitive to the natural environment and true to the traditions of the game.

### Sponsorships Available

Ace - \$5,000

Includes two foursomes, a hole sponsorship, and much more.

Eagle - \$2750

Includes a foursome, a hole sponsorship, and much more.

Birdie - \$1500

Includes a foursome, a hole sponsorship, and more.

Contest Sponsor - \$750

Includes a sign at the contest site, recognition in program book and on the NVFS website.

Hole Sponsor - \$250

Your name/logo on a sign at the tee box of a designated hole.

Individual Golfer - \$200

For more information please visit [www.nvfs.org/golf](http://www.nvfs.org/golf).

## Kids' Charity Golf Tournament

ActionCOACH 1st annual Kids' Charity Golf Tournament benefiting NVFS, Alternative House and CASA of Prince William. Friday, May 20, 2011, 9AM shotgun start, Bull Run Golf Club in Haymarket.

NVFS is recruiting volunteers for this event. Please contact [khorowitz@nvfs.org](mailto:khorowitz@nvfs.org).

For more event info visit

<http://www.nvfs.org/actioncoachgolf>

or

[www.actioncoachforsuccess.com/golf](http://www.actioncoachforsuccess.com/golf)



Thanks to all the following sponsors and to APEX Custom Homes for their support of our inaugural Home for the Holidays event, held in December.

Playhouse: \$5000  
First Potomac Realty  
Lorton Stone

Doghouse: \$2500  
NVFS Board

Dollhouse: \$1500  
VHDA  
Judy Wine

Birdhouse: \$750  
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Gingerbread House: \$300  
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Joanne Hammermaster  
&Friends (Lauren Kaufer  
and Bonnie Manousos)  
Metro Park (Akridge)

## What is a Legacy Gift?

How can you support the mission of Northern Virginia Family Service – even beyond your lifetime? By making a “legacy” gift of a charitable bequest or other planned gift, your generosity continues to provide a more secure financial foundation for NVFS.

Won’t you consider becoming a member of the Family LEGACY Society? For information with no obligation, please contact our Chief Development Officer, Carole Fay at [cfay@n vfs.org](mailto:cfay@n vfs.org) or 703.219.2130.

## Have You Seen Our 2010 Annual Report?



Our 2010 Annual Report celebrates another wonderful year of work in reaching the most vulnerable members of our community. It also highlights our five mission initiatives in a new and graphically rich layout. If you did not receive a report in the mail, you can visit our website to download a .pdf copy to read and share.

## Good Works

*People can reach out in many unique ways to support the communities in which they live. All of these efforts, in one way or another, have a profound effect upon families and children in our region. These are just a few examples of how our supporters have chosen to give back.*

### Metro Sign & Design

Thanks to Metro Sign & Design for their donation of a brand new outdoor sign at SERVE. The permanent sign incorporates the NVFS logo and color scheme, and is made of durable metal and plastic materials. This gift is just another instance of Metro Sign & Design's continued support of NVFS and SERVE's needs. They have also regularly provided signage for special events and other activities.

### New Space - in the Nick of Time!

Our nationally recognized workforce development program, Training Futures, found itself in an impossible situation at year's end. Due to a building renovation, they were given just 60 days' notice to vacate the space

they had been operating in years. This change came just as they were about to begin a new 25-week curriculum with over four dozen students. The classes had to be delayed, and NVFS had to scramble to find a new space for Training Futures.

SAIC stepped in to prevent any further damage to our program and worked closely with NVFS in order to usher in a new era for Training Futures. With a larger space, just blocks away from their old location, Training Futures now enjoys a heavily subsidized lease in a location of better value for the program. For the first time in many years, they even have windows! Thanks to our Board member, J. Douglas Koelemay, and SAIC for making this possible with very little service disruption. Now, Training Futures has enough room to serve even more developing professionals.

## Volunteers *(continued from page 1)*

to our customers and entices cars to stop in and shop at our store. Tony does just about anything that is asked of him. It is rare that Tony misses a day at our store. When Tony isn't there, we all, including our customers, miss his positive attitude. Tony provides exemplary service to the Clock Tower Thrift Shop and NVFS. Tony is without fail an intricate part of the Clock Tower Thrift Shop. Ninfa Gonzalez, Falls Church Store Manager is so grateful for Tony, "You can always count on Tony to be there and be on time. His word is his word. If he says he will do something for the staff or store you can count on Tony. Tony never lets us down." We are proud to have Tony as a part of our NVFS family.



## Westminster Builder's Club

Youth Volunteer Group

Under the leadership of Mr. Dennis Miller, the Westminster Builders Club at Westminster School in Annandale is an amazing club. With just over 50 members, these 7th and 8th graders are making a huge impact on their community. The Club has been supporting our agency for over 15 years and in that time has donated nearly 7,000 hours! The club supports several causes throughout the school year – Northern Virginia Family Service (NVFS), Timber Lane Elementary School, Leewood Nursing Home, Inova Fairfax Hospital for Children, Martha's Table, and VDOT. This past year the students have donated over 450 hours to our agency by organizing collection drives, participating in the Fannie Mae Help the Homeless Walkathon, and helping with our Back to School, Operation Turkey and Gifting for Families Drives. These kids are also great fundraisers for our agency and raised nearly \$1,500 for the Walkathon and over \$7,000 for our Holiday Drives. Not only are the students serving others, but they are also learn-

ing the valuable lessons gained by giving your most precious gift – the gift of time. They are able to see the benefits of giving back to the community and those who are less fortunate.

Although we could not nominate all of our agency's volunteers for these awards, we are grateful for the work of all of our volunteers. To further show our appreciation, we highlight some of our special volunteers monthly in both our Volunteer Voice E-Newsletter and our website. We would like to thank all of our volunteers for their dedication and support of our mission.

"Each year we rely on thousands of volunteer hours to help address the critical needs of vulnerable children and families in our community. Our work and the lives of our clients are enriched by each individual and company that contributes their time to our cause."

-Mary Agee, President and CEO, NVFS

## Special Foster Care



Become a therapeutic foster parent to a special needs child and help put the pieces together again.

### Have you been wondering...

What does it mean to be a foster/respite parent?  
Can I work when I am a foster parent?  
What type of support will I have?

The Special Foster Care and Therapeutic Respite Care Program of NVFS holds regular training sessions for people interested in becoming a parent.

For questions or to register, contact Ginny Snaider at 703.219.2184 or [gsnaider@n vfs.org](mailto:gsnaider@n vfs.org).

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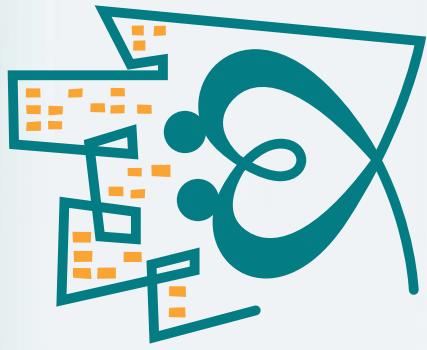
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