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Developing Children Through Music Education

The benefits of music education are plentiful; studies have shown the impact music can have on everything from verbal memory to IQ scores, especially in children. Dedicated musical training is certainly a plus, but even informal activities, such as playing music in a group, can boost social development and promote confidence, and increase active listening, cognitive and fine motor control skills.

Bringing these activities to our programs, from our SERVE Family Shelter in Manassas to our Head Start Center in Arlington, provides children an opportunity to explore the joys of music. Learn how volunteers are sharing this experience with our youngest neighbors and the impact they see.

[Read More](#)

Giving Back Is a Family Affair for Shorepoint

NVFS' corporate engagement opportunities offer team-building and community stewardship benefits for local companies. But they can also be a source of celebration in and of themselves, as **ShorePoint, Inc.** recently showcased in celebrating its one-year anniversary with a service project at NVFS' SERVE Campus. **Matt Brown**, CEO and co-founder of ShorePoint, Inc., shares the thought process behind the company's special celebration.



[Read More](#)



Tackle family-friendly service projects.
Understand key social issues.
Improve the lives of local families in need.

Join us Aug. 11 to learn how you can be part of Village of Impact.

RSVP Now



Sharing Music With Our Shelter Guests

Mike Henry, an avid supporter of NVFS' SERVE Family Shelter and longtime community volunteer, has hosted evenings of music at the SERVE Family Shelter this year alongside fellow local musicians as part of a concert series, titled The Music Bridge DMV. The series was created to bring the joy of music to people at every stage of life.

Mike, his wife, **Mimi**, and other local musicians, as well as volunteer groups, have



actively gathered together to create unique experiences for shelter guest of all ages.

[Read More](#)

Top 3 Volunteer Needs

Greeter & Receptionist
Multicultural Center

[Falls Church](#)

Bilingual Client Intake for Food Assistance
Hunger Resource Center

[Manassas](#)

Shelter Passenger Drivers
SERVE Family Shelter

[Manassas](#)

Cheers to Our Volunteers: July 2018



Volunteers helped entertain and engage young minds across our programs with activities from reading to art to an energetic field day. Corporate and community groups also helped keep us organized at our thrift stores, and one special new volunteer helped us efficiently organize donations at our SERVE Family Shelter.

[Read More](#)

Join Our Back2School Brigade

When you support NVFS' Back2School Drive, you equip 1,800+ students with the tools to face any school-day challenge. Rather than feeling embarrassed or stressed because they don't have the right supplies, they will feel excited to learn and ready to conquer the classroom.



Even though the start of school seems far away, we want to ensure that the future leaders of tomorrow have the supplies they need before the first bell rings. You can help by planning a supply drive or donating funds for NVFS to purchase supplies.

Supply Drop-off Dates: Monday, Aug. 6 and Tuesday, Aug. 7

How You Can Help

Events & Opportunities at NVFS

<p>Village of Impact Service Event Saturday, Aug. 11</p> <p>Read More</p>	<p>Yard Sale Benefiting the Community Saturday, Aug. 25</p> <p>Shop</p> <p>Volunteer</p>	<p>Back2School Drive August 2018</p> <p>Read More</p>
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Promoting Healthy Child Development and Family Self-Sufficiency



Nanci Pedulla, director of NVFS' Healthy Families program, explained to Voices for Virginia's Children the value of home visiting on the relationship between parent and child, and the resources our employees provide to new parents to help children in our community thrive.

Learn more about how NVFS helps ensure parents of newborns have access to the tools and support they need to foster healthy child

development and promote family self-sufficiency.

[Read More](#)

Top Donation Needs

Healthy Families Fairfax: New baby supplies, including wipes, diapers, pacifiers, rattles/toys, baby proofing supplies, etc.

Training Futures: Check out our Amazon wishlist [here](#).

SERVE Campus: Diapers, wipes, toilet paper, board books, toiletries, adult diapers, gas cards

- *SERVE Family Shelter:* New pillows, diapers (sizes 3, 4 and 5), pull-up diapers, wipes, laundry detergent, toilet paper, paper towels, full-size lotion, men's and women's deodorant
- *Hunger Resource Center:* Cereal, canned fruit, canned meat, canned/boxed potatoes, canned beans



A complete wish list of items can be found [here](#).

[See More Donation Needs](#)

More Volunteer Needs

Program Eligibility Screener

[Oakton](#)

Shelter Meal Providers
SERVE Family Shelter

[Manassas](#)

Learning Club Volunteers
SERVE Family Shelter

[Manassas](#)

Food Assistance Specialist
Hunger Resource Center

[Manassas](#)

Food Recovery Driver
Hunger Resource Center

[Manassas](#)

Classroom Volunteer
Early Head Start

[Arlington](#)



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