

Victoria Marcos

From: Northern Virginia Family Service <info@nvfs.org>
Sent: Thursday, September 20, 2018 5:31 PM
To: Victoria Marcos
Subject: NVFS Insider: Are You Prepared for an Emergency?



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Are You Prepared for an Emergency?

September is National Preparedness Month to help ensure that everyone is prepared with a plan and tips for handling emergency situations, including the impacts of major storms such as Hurricane Florence. Although the Northern Virginia region did not experience the devastating impacts that our neighbors in the Carolinas have, it's always a good idea to know what resources are available and how you can prepare for the myriad emergency situations that can affect our region.

Check out these local resources to stay abreast of the latest emergency and assistance information for your family, as well as how you can assist your neighbors in need.

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Community Engagement Strategies for Engaging Top Talent



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Join us at the 2018 CARE Awards Breakfast
Thursday, Nov. 8 • Sheraton Premiere Tysons Corner

[Tickets & Sponsorships](#)

Thank You, 2018 CARE Sponsors!



How NVFS' Training Futures Rebuilds Confidence in Our Neighbors



It takes confidence to embark on a career in any field, no matter your background. To start a new life, with a new career, in a new country, however, can be even more challenging. Graduates of NVFS' Training Futures program are more than up to the task as they embark on a new journey to reach their full potential, and provide greater opportunities for themselves and their families. Graduates from the more recent cycle celebrated their first steps on that new journey at their graduation ceremony Sept. 14, 2018.

"Go forward with the confidence that your lives are going to change forever," emcee and Cycle 28 graduate Ana Christina Metcalf shared with new graduates. "Training Futures was the door that opened great opportunities for me."

[Read More](#)

Thank you to our funders for their continued contributions to the Training Futures program:



Clark-Winchcole Foundation



Thank you as well to our generous supporters **Susan and Fred Bollerer, Chuck Campbell and Lisa LeGrow, Durig Family Foundation, Susan and Terry D. McCallister, and Lisa and Lawrence Pryor.**

**Village of Impact
Virtual Service Day**

Social factors, including where you live, can have a dramatic impact on your health. We'll provide educational resources and a volunteer activity that can be completed at your convenience throughout October.

RSVP

Giving Kids a Jump-Start to a Brighter Future



Children together on the playground crawling, climbing, running and jumping is more than just kids being kids. Did you know that jumping by age 3 is a key indicator of a child's future reading ability?

Although jumping may seem like a simple task, there can be many hurdles in a young child's life that delay it. Distractions such as technology can certainly be factors, but urbanized living and other social factors are also primary contributors. Learn how our early childhood development teams are breaking down these barriers and how you can play a

role in helping to develop our region's children.

[Read More](#)

Support Hungry Families Through SERVE It Up

With 1 in 15 Northern Virginians at risk for hunger, food assistance is a critical resource for families in need to ensure they have access to healthy meals.

Support NVFS' Hunger Resource Center (HRC) this fall by pre-ordering bags online by Oct. 17, which will be available for pickup at our SERVE Campus or Oakton headquarters the week following. Bags will also be distributed to clients seeking service at the HRC to take plenty of nutritious items home with them.



[More Info](#)

Top Volunteer Needs

Bilingual Greeter & Receptionist
NVFS Multicultural Center

[Falls Church](#)

Bilingual Client Intake for Food Assistance
Hunger Resource Center

[Manassas](#)

Shelter Meals Providers
SERVE Family Shelter

[Manassas](#)

Top Donation Needs

Head Start: Pull-ups (size 5) for girls and boys, and pants for girls and boys sizes 3, 4, and 5T

Training Futures: Check out our Amazon wishlist [here](#)

SERVE Campus: Food, baby clothing (5T and under), transportation vouchers, adult diapers (size medium), diapers, wipes, board books, storage shed

- *SERVE Family Shelter:* New pillows, diapers (sizes 3, 4 and 5), pull-ups, wipes, laundry detergent, toilet paper, paper towels, full-size lotion, men's and women's deodorant, bus tokens/transportation passes



A complete wishlist of items can be found [here](#).

[Read More](#)

Events & Opportunities at NVFS

CARE Awards Breakfast
Thursday, Nov. 8

[Buy Tickets](#)

SERVE It Up
Benefiting NVFS' Hunger Resource Center

[Buy Bags](#)

Village of Impact Virtual Service Event
October 2018

[RSVP](#)



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