

# ADVANCING ANTI-RACISM AND EQUITY, DIVERSITY AND INCLUSION

Northern Virginia Family Service's strategic plan identifies anti-racism and racial equity as pivotal priorities for our organization. As we approach our 100th anniversary, we continue to review NVFS' mission, vision and values and reflect on the organization's roles and actions in advancing racial equity and effecting systemic change.

As one of the oldest, largest and most comprehensive human service organizations in this region, we are committed to being transparent, reflective and intentional in these discussions and decisions.



# **MISSION**

To empower individuals and families to improve their quality of life, and to promote community cooperation and support in responding to family needs.



# LETTER FROM OUR PRESIDENT AND CEO

Stephanie Berkowitz

For nearly 100 years, Northern Virginia Family Service has been helping individuals, families and communities in crisis.

#### This past year we have all navigated through unprecedented times.

Against the backdrop of a once-in-a-lifetime pandemic, ailing economy and steep racial inequity, NVFS staff continued to serve our community while simultaneously weathering the pandemic. Our team developed innovative strategies that allowed us to continue providing our services remotely and expand our in-person services to meet the growing and unprecedented needs in our community.

The individuals and families we serve are among our region's most vulnerable – facing hunger, homelessness, educational disparities, insufficient access to health and mental health care, and a wide array of inequities caused by centuries of structural racism. These challenges were exacerbated this past year, as the communities we serve have been among those most disproportionately impacted by the health and economic crises resulting from the pandemic.

Thanks to your generous donations and the support from so many individuals and families, corporate, philanthropic and government partners, this past year we responded to the unprecedented needs. We established an emergency hotline; prevented thousands of our neighbors from becoming homeless; expanded our reach to food insecure residents; created a virtual classroom in our SERVE family shelter, ensuring children in kindergarten through high school could attend school remotely and safely. Our multilingual staff throughout the region provided legal, mental health and case management support to families and individuals who have experienced unimaginable trauma, helping them rebuild their lives.

None of this would have been possible without your continued support. Thanks to you, we are investing in our community, helping our neighbors build resilience and achieve economic independence while at the same time navigating a global pandemic. The following pages provide a window into how the pandemic has impacted our neighbors, our staff and our volunteers. And it captures – in stories and in the list on pages 20–34 – how you, our donors and partners, stepped up time and again to show your support for this critical work.

That work continues as we look to the opportunities and challenges that lie ahead. First, we pause to remember the lives lost and upended in the past year. We pause to honor our staff and other frontline responders of the past year. And we pause to honor your investment in NVFS in 2020 and beyond.

n gratitude.

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## **CONTENTS**

- 2 Who We Serve
- 4 Our Impact
- **6** Keeping A Roof Over Their Heads
- 8 Journey To Self-Sufficiency
- 10 Looking Out For Neighbors In Tough Times
- 12 Special Sauce Leads To Confidence and Jobs
- 14 Charitable Giving Is A Family Affair
- 18 Thank You For Your Service
- 19 Board of Directors
- 19 Executive Leadership
- **20** Donor Listing
  - **20** Corporate
  - 24 Individual
  - 30 In Memory Of
  - 32 In Honor Of
  - **34** Government Support
  - **34** Civic And Community Contributors
- 36 FY20 Financial Statement
- 38 How You Can Change A Life Today



# **WHO WE SERVE**

In FY20, we served approximately 35,000 participants and their families.

# **SERVICE AREAS**



**Early Childhood Development** 



Homelessness and Housing



**Foster Care** and Adoption



Health **Care Access** 



**Anti-Hunger Assistance** 



**Immigration Legal Services** 



Mental



Workforce **Development** 



# TYPICAL NVFS CLIENT PROFILE



39% Fairfax County Resident



25% High School, No Diploma



59% Female



78% Renter

WHITE

56% White

36-55

28% 36 to 55 years old

HISPANIC

66% Hispanic



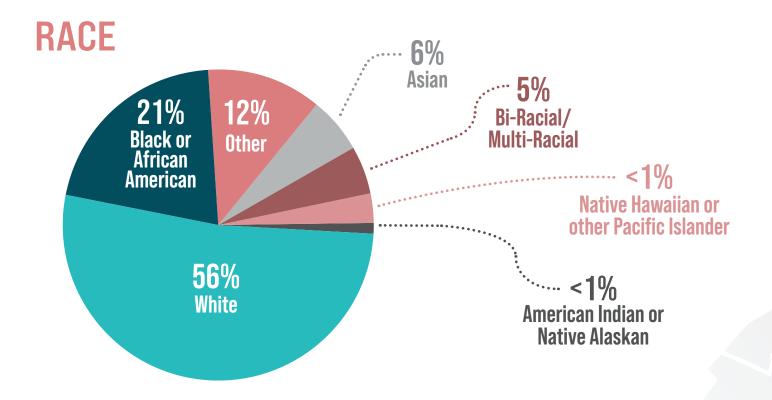
40% Two-parent household



59% Non-Insured



70% Federal **Poverty Level** 



# ETHNICITY 66% Hispanic

# **INCOME LEVELS**

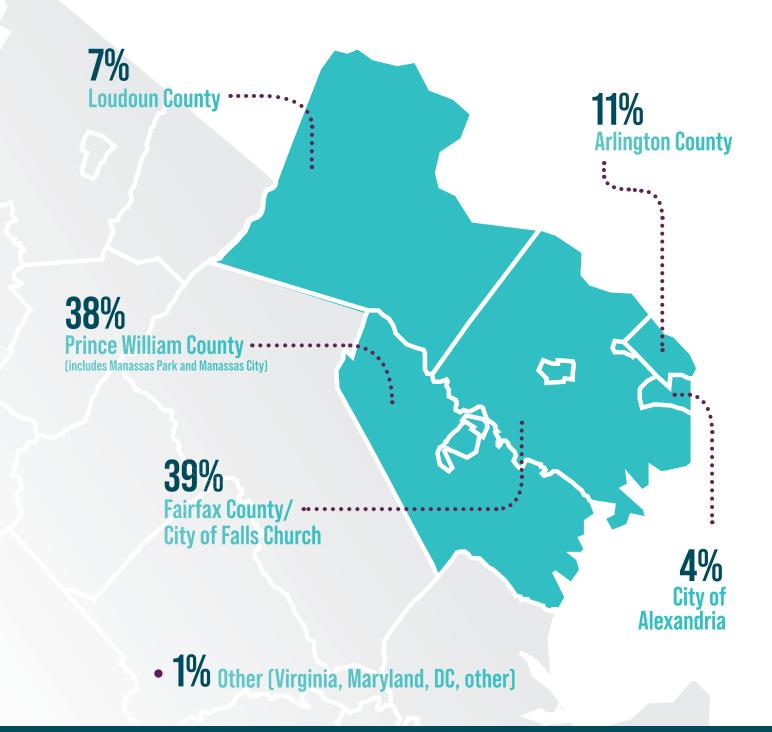
Over two-thirds of our clients live below the federal poverty level. For a family of four annually, on average:

**70%** of NVFS clients live on \$25,100

20% of NVFS clients live on between \$25K and \$50K

5% of NVFS clients live on more than \$50,200

# **GEOGRAPHIC SNAPSHOT**



# **OUR IMPACT**

Our supporters stepped up at the outset of the pandemic.

In times of crisis, our community came together to support our most vulnerable neighbors.





\$5.75 million in emergency assistance distributed to 1,400 families (including rent, mortgage, utilities, groceries)



**85%** of housing clients transitioned to permanent housing



2,700 new clients accessed services at our Hunger Resource Center



**7,500** mental health sessions conducted virtually



97% of youth participating in our gang prevention program improved their school performance



90% of children in Head Start and Early Head Start programs demonstrated school readiness



of Foster Care children remained in stable placement throughout the pandemic

# **KEEPING A ROOF OVER THEIR HEADS**

Roy Tucker, who prides himself on being self-sufficient, has faced many challenges, always finding a way to rise above them.

"In the past, when I foresaw tough times ahead, I would simply pick up a second job," he says. But at the beginning of the pandemic – when the country shut down and he lost his job as a contractor at a local university– it was impossible to pick up any job, let alone a second one. "It was a humbling experience," he says referring to being unemployed and unable to pay his rent.

That is, until Northern Virginia Family Service helped cover the cost of his rent for several months. Roy is one of 4,000 people who applied to NVFS for financial support through the Virginia Department of Housing and Community Development's Rent and Mortgage Relief Program. The state tapped NVFS to manage the program in Fairfax, Loudoun and Prince William counties and distribute \$5.6 million to eligible households. "This is an example of how we operate as first responders," says Michael Best, NVFS Community Housing Program Manager. In addition to overseeing the rent and mortgage relief program, Mike, Katie Spence and their community housing colleagues managed NVFS' COVID-19 Emergency Relief Fund, a pool of funds raised on short notice from local organizations and individuals to help cover such costs as utilities, prescriptions, car payments and other necessary expenses.

Like Roy, Whitney Burnett fell behind on her rent as a result of the pandemic. A single mother who had recently moved to Fairfax County because of its excellent schools, Whitney had to take leave last summer from her job – which requires her to go into the office – to care for her son. She is grateful that the program covered several months of rent and "has been helpful to Northern Virginia residents, from single parents like me to seniors who are struggling through the pandemic."

In FY20, 96% of families served in our housing and homeless prevention program did not become homeless.

A year ago, one 76-year-old recipient, who asked that his name not be used, was working as a door-to-door salesman to supplement his social security and cover his expenses. Then the pandemic hit and he was forced to stay home. Unable to pay his rent, he initially took out a high interest loan, at 39 percent. "If it weren't for NVFS, I wouldn't have a roof over my head and food to eat," he says.

"A lot of people are worse off than I am," says John Sacco Jr., who was also laid off from his job at the beginning of the pandemic. He has spent time since then looking for a job and giving back to the community by packing care packages for hospital workers and meals for school children. Even though his home was in forbearance at one point, he has tried to remain positive. He confesses that when the financial support from NVFS appeared on his mortgage statement he was "ecstatic."

"NVFS is built to tackle this kind of challenge," said Mike Best. "When the call goes out, we are consistently the first ones to raise our hands to help. The pandemic is an example of why NVFS was created."

"If it weren't for NVFS, I wouldn't have a roof over my head and food to eat."

**NVFS Client** 



John Sacco Jr.

# JOURNEY TO SELF-SUFFICIENCY

Northern Virginia Family Service staff often talk about "wraparound services" and "trauma-informed care."

One client, Liliana Rodriguez, came to understand firsthand what these terms mean in the most challenging of times: as an asylum seeker during a pandemic in a country where she didn't know anyone or speak the language.

Her story – of leaving her homeland knowing her life would be in danger if she returned – is both unique and similar to the 2,000 individuals and 5,000 of their household and family members from 95 countries who found their way last year to NVFS' Multicultural Center and its remarkable staff.

A native of Venezuela, Liliana, is the oldest of 12 and whose parents – a taxi driver and house cleaner – emphasized the value of education. Having witnessed the wrongful imprisonment of a family member that was motivated by racism at the age of 12, Liliana decided she wanted to be a human rights lawyer. By 21, she had a law degree.

More recently, the 48-year-old attorney was attending a legal conference in the U.S. when she learned she would likely face imprisonment if she returned to Venezuela. Liliana and her daughter found themselves in Northern Virginia without a place to live, income and other essential resources. On top of that, they were worried about getting the coronavirus. In the most dire circumstances, NVFS' "wraparound services" and "trauma-informed care" became their safety net.

With the help of NVFS, Liliana got a job – first as a restaurant dish washer and, when she was laid off because of the pandemic, as a nanny. Her daughter enrolled in school, though learning remotely has left her feeling isolated. They have received emotional support from NVFS' bilingual counselors. At her lowest point, Liliana says, NVFS mental health counselor Yesenia Zelaya-Alem "encouraged me to keep going." Yesenia helped prepare Liliana for her asylum hearing, offering "strategies to help me remain calm during the interview and prepare for the decision," she says. On Thanksgiving 2020, they learned they had been granted asylum.

"NVFS is proud to provide immigrants with the resources and services they need on their journey to wellness and self-sufficiency." Liliana is learning English through virtual classes and, with help from NVFS case manager Maria Gonzalez, is updating her resume and looking for work in humanitarian rights.

"As a single mother, having NVFS on my side has been a huge support," says Liliana. She is thinking about the time she called the staff to say she had a place to live, but no bed. The staff showed up with an air mattress. She is thinking of the gift cards for food and transportation, toiletries for the family and a backpack of school supplies for her daughter. She is thinking of when she got sick and NVFS helped her make a doctor's appointment. Even the simplest of tasks are daunting when you don't speak the language, have a car or health insurance.

"Northern Virginia is stronger because of the diversity of thought, experience, education, perspective and culture that empower and enrich our country," said Yesenia. "NVFS is proud to provide immigrants with the resources and services they need on their journey to wellness and self-sufficiency."



88% of clients receiving mental health services through the Multicultural Center showed marked improvement.



Liliana Rodriguez and her daughter

# LOOKING OUT FOR NEIGHBORS IN TOUGH TIMES

LeAnne W. Beardsley has been connected to Northern Virginia Family Service for more than two decades, so it was natural for her to jump in to help when the pandemic turned the world upside down.

A longtime Prince William County high school teacher, LeAnne first learned of NVFS when searching for community service opportunities for her daughters – who were Girl Scouts from kindergarten through 12th grade – and as an advisor to her school's Key Club. In both cases, she found the perfect activity in NVFS' annual Operation Turkey. Each Thanksgiving, she joined with others to prepare bags of holiday food for local families. "Operation Turkey is a coveted community service activity in this area," LeAnne says.

Recognizing how many people in our region were struggling last spring and knowing that NVFS was experiencing an increase in demand for its services and supplies such as food, cleaning products and diapers, LeAnne signed up to volunteer at NVFS' Hunger Resource Center (HRC).

A recent report by Feeding America projected that 42 million people (1 in 8), including 13 million children (1 in 6), may experience food insecurity in 2021. To LeAnne, these are so much more than alarming statistics. They are her neighbors. They are her students. This is what drove her to volunteer at the HRC twice a week for six months last year. "We were a community – both inside and outside the building," says LeAnne. "This is hard and unpredictable work," she added. "A volunteer might not show up, a delivery truck might break down, a client might be having a bad day." She says she has tremendous admiration for HRC manager Darrell Dixon and his staff, adding, "Talk about grace under pressure!"

LeAnne's goal was to provide not only food but kindness, compassion and humanity because, "You never know what someone is going through. They could be a mom with a three-year-old at home with nothing to eat, or a senior who lives alone and feels lonely."

Now that she is back in the classroom, LeAnne has less time to volunteer, though she stops by to drop off items on the HRC wish list, such as shelf-stable food (especially low sodium and low sugar), cleaning supplies and diapers (especially sizes 3+). And she continues to raise funds for the SERVE Campus, lead her school's Key Club activities and inspire the next generation.

Over the past year, the Hunger Resource Center provided 7,000 individuals and families with food, home supplies and connection to community resources.

"My mom is always thinking of others," says her 26-year-old daughter, Anna. Looking back, Anna acknowledges she may not have realized as a child what an impact volunteering at NVFS would have on her career path. Those early experiences, she says, "set me on a path to service and giving back to others." Today, Anna is working on the frontlines at the San Antonio Food Bank where she coordinates the home delivery program.

"Thank goodness for the Beardsleys and all the individuals and families looking out for their neighbors in tough times," said NVFS' Darrell Dixon.

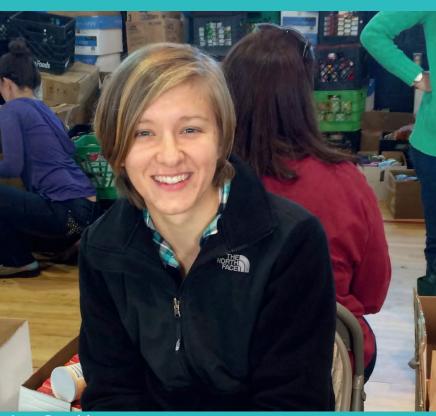
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High school volunteers



LeAnne Beardsley at the Hunger Resource Center



Anna Beardsley

# SPECIAL SAUCE LEADS TO CONFIDENCE AND JOBS

When people talk about Northern Virginia Family Service's Training Futures program, they frequently refer to its "special sauce."

Enkhjargal (Emmy) Tsogtsaikhan, one of 36 people to graduate from Training Futures last year, learned firsthand what makes that sauce so special as she navigated her job search during the pandemic.

A native of Mongolia, Emmy came to the U.S. in 2007 to pursue a master's degree. (Many others have found their way to this country – and to Training Futures – as asylum seekers fleeing persecution or because of limited opportunities at home.)

Over the next decade, Emmy earned a degree, married, started a family and helped her husband grow his business – while putting her own professional dreams on hold. "I was taking care of three little ones and trying to survive," she says. When all three kids were in school, she was ready to pursue those dreams.

The only problem was she lacked confidence, connections and an understanding of the how to land a job in this country. "The environment here is so different than Mongolia," she says. "I was lost."

Then she discovered Training Futures, which allowed her to "learn a lot of things I wasn't able to figure out by myself," she says. The staff and volunteers helped Emmy rewrite her resume and prepared her for job interviews. Most importantly, they built up her confidence. "Training Futures really wanted me to succeed," she says.

Today, Emmy is employed as an administrative assistant, one of several Training Futures graduates working for Fairfax County Government. In addition to helping under- and unemployed adults secure professional careers with potential for advancement, Training Futures meets the needs of local employers who seek qualified, entry-level workers. Over the years, Training Futures has placed graduates in jobs with corporations, local government and other agencies.

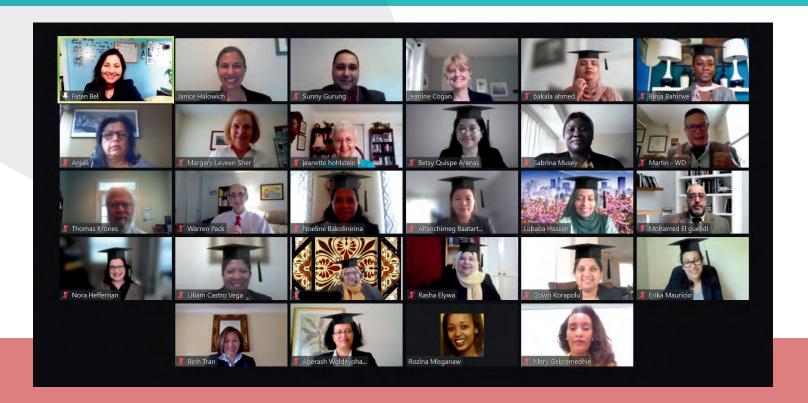
"Training Futures really wanted me to succeed,"

"Emmy's hard work and dedication is an example to everyone on our team," said her Fairfax County manager, Michael Cox. "I admire and I'm grateful for Emmy's dedication to always putting forth excellent work."

As for that special sauce, longtime Training Futures volunteer Margery Leveen Sher explains: "This is a tough country. Many immigrants are left to fend for themselves. Training Futures helps transform trainees from those who are unsure of themselves and confused about where to go to succeed to those who have within themselves what it takes to be successful." She captures that winning formula in her book, "Indomitable! Immigrants' Stories of Perseverance and Resilience," which features stories of 32 Training Futures participants.

Bill Browning, who ran the program for five years before going to work at partner organization Northern Virginia Community College, also saw the process unfold time and again. He documents Training Futures' impact in his book with Chad Hoggan, "Transformational Learning in Community Colleges," which was recently named book of the year by The American Association of Adult and Continuing Education. Having researched best practices, Browning found Training Futures to have the most robust transformational learning curriculum in the country, one that provides a road map for other programs. "Once you begin to view yourself as a professional, you never go back," he said. "That is a powerful mindset, one that propels people far into the future."

Or, as Emmy describes it: "Something was missing. Training Futures helped me find the missing part."



# CHARITABLE GIVING IS A FAMILY AFFAIR

When Anthony Schulien was helping grow ECS Federal LLC as its CFO, he and his wife Kathy made a promise to themselves that they would share their blessings with those in need.

In the past year, that meant making a donation to NVFS that would have a substantial impact.

For the Schuliens, participating in charitable giving and acts of service is a family affair. In 2018, together with their adult sons – Tony, Michael and Ryan – they set up a donor-advised fund to support local and national charities that "help needy people and make a positive impact in the world." A family friend and their due diligence led them to NVFS.

"For starters, we were impressed with the wide range of vital services NVFS provides," said Anthony. Both he and Kathy, who has been teaching preschool for more than 10 years, were particularly taken with NVFS' work in early childhood development and how the staff help families become self-sufficient.

In previous years, the Schuliens supported NVFS with several contributions. Then COVID hit. Mindful that families in our region were really struggling, the Schuliens asked NVFS to identify their most pressing needs. The family was instantly drawn to making a difference in the area of education. President and CEO Stephanie Berkowitz "told us about how NVFS had created a learning space for children staying at the SERVE family shelter," said Anthony. "Knowing how committed NVFS is to making sure kids are continuing to learn, even while staying in a shelter, really tugged at our heartstrings."

"Their work in Early Head Start really struck a chord with us," adds Kathy.

To Ryan, 22, a senior at James Madison University, education is a natural focus for the family's philanthropy. "Thanks to my parents, I've had the ability to get a good education. I want those same opportunities to be accessible to as many people as possible."

Adds Michael, 25: "COVID has destroyed a lot of lives. I can't imagine what some families have been dealing with during the pandemic. Virtual learning is a cause that needed support, so kids don't fall behind."

"For our parents, this was a teaching opportunity, to remind us of how lucky and blessed we are and that we are able to use that to impact the lives of others," adds Tony, 27. "Maybe one day my brothers and I will be in a position to expand the fund ourselves, to add to the principal and have an impact that is much larger than any of us could have on our own."

For the Schuliens, participating in charitable giving and acts of service is a family affair.



**The Schulien Family** 

## **LEARNING AT NVFS**

"Early childhood is such a critical time in development," said Tony Schulien, a recent medical school graduate who studied neuroscience. NVFS' early childhood staff couldn't agree more.

"Every child deserves the necessary tools to build a healthy, successful life," said Dennis Deloach, NVFS' Head Start program manager. "By providing young children with the early reading and math skills they need to be successful in school and educating their parents or caregivers on the social and cognitive development that happens in early childhood, we are building strong foundations for Northern Virginia's youngest residents. This two-fold approach enables children and their parents to create healthy, successful futures." NVFS' results are impressive: 90% of Head Start students demonstrate readiness for kindergarten.

While in the past year virtual learning presented many challenges for teachers, parents and students, the NVFS staff quickly pivoted to meet the needs of its youngest clients. Thanks to a generous gift from the Schulien family, NVFS was able to purchase smartboards for its early learning classrooms, in turn expanding its digital learning opportunities. For instance, smartboards were used for virtual reading groups and science experiments. In addition, the Schulien's contribution allowed NVFS to hire staff to fill in when teachers have needed to take time off to care for their own families during the pandemic.

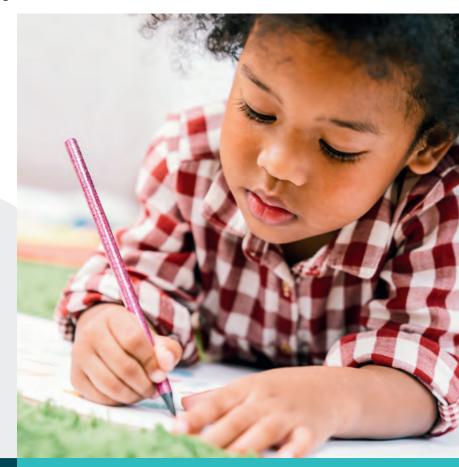
In the past year, NVFS also hired staff and set up a virtual classroom for school-age children at its SERVE family shelter. At the start of the pandemic, it became clear to shelter director Crystal Pitt that students at the shelter would need an appropriate learning space. NVFS converted two rooms into socially distant classrooms for children in K-12; ordered PPE, plexiglass to block off each child's personal workspace and school supplies for every grade level; increased its internet bandwidth; arranged for



daily cleaning and disinfecting of the learning area; and hired staff with educational backgrounds and technology skills to provide educational supportive services and before- and after-care to the children. While the kids attended school, their parents attended work, looked for jobs, and worked with NVFS staff to create housing stabilization plans.

The Robinsons are among the families that came to the shelter that have benefitted from the virtual learning space. After both parents lost their jobs and then their home, they came to SERVE. They are grateful that their children – including two who have learning differences – have had a safe place to do their remote learning with teachers who know them and understand their special needs. The staff touch base with the parents each morning and check in again in the evening, providing feedback on how the kids are doing. "I look forward to the day when they can go to school in person," Robin Robinson says. "Until then, NVFS is a blessing."

NVFS' results are impressive: 90% of Head Start students demonstrate readiness for kindergarten.



# THANK YOU FOR YOUR SERVICE

# FOR MORE THAN A DECADE, BRIAN JACKSON PUTS NVFS FIRST

NVFS is blessed with an extraordinary board, but there is only one "Voice of God."

Brian Jackson joined the NVFS board 10 years ago at the suggestion of board member and longtime friend, Casey Veatch. Having known each other since they were kids, the two very naturally stepped into the role of creative directors of NVFS' annual gala. When not lending his voice and presence at the spring fundraising event, Brian dons a red suit each December and distributes gifts to NVFS' youngest clients.

"I often joke with President and CEO Stephanie Berkowitz by saying: 'Just tell me what you want me to do and who you want me to be," he says. But beyond his willingness to emcee the gala or wear a costume is a deep commitment to making Northern Virginia a place where all residents thrive.

In addition to serving on the gala committee, Brian has chaired the Head Start Special Committee and is a trusted voice on the institutional advancement and strategic planning committees.

More recently, he and fellow board members focused their attention on leading NVFS through a year unlike any other. With so many residents affected by the virus, economy or both, "we looked at how we were positioned to best service the community," he says. For instance, NVFS' Hunger Resource Center in Manassas was able to open its doors to residents beyond Prince William County as food insecurity increased throughout the region. In terms of addressing systemic racism and ongoing racial inequity, "those are conversations that were already taking place by the board," Brian points out.

"This year we took a deeper look at what we are doing as an organization, how we can do a better job of providing services and be a better employer."

NVFS' staff members, Brian said, "are 100 percent committed to their work. I know what they do is not easy, yet they keep working for positive change." While his board term is coming to an end, Brian promises to remain engaged. Citing the influence of his parents, he says, "It's important to take care of your community. That was ingrained in me. As I considered, 'Where can I best use my God-given talents and have the greatest impact,' the answer was NVFS."

"This year we took a deeper look at what we are doing as an organization, how we can do a better job of providing services and be a better employer."



# **BOARD OF DIRECTORS**

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Steve Gladis Leadership

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#### Thank you!

Thanks to our many donors for your financial and in-kind support in FY2020 (July 1, 2019-June 30, 2020).

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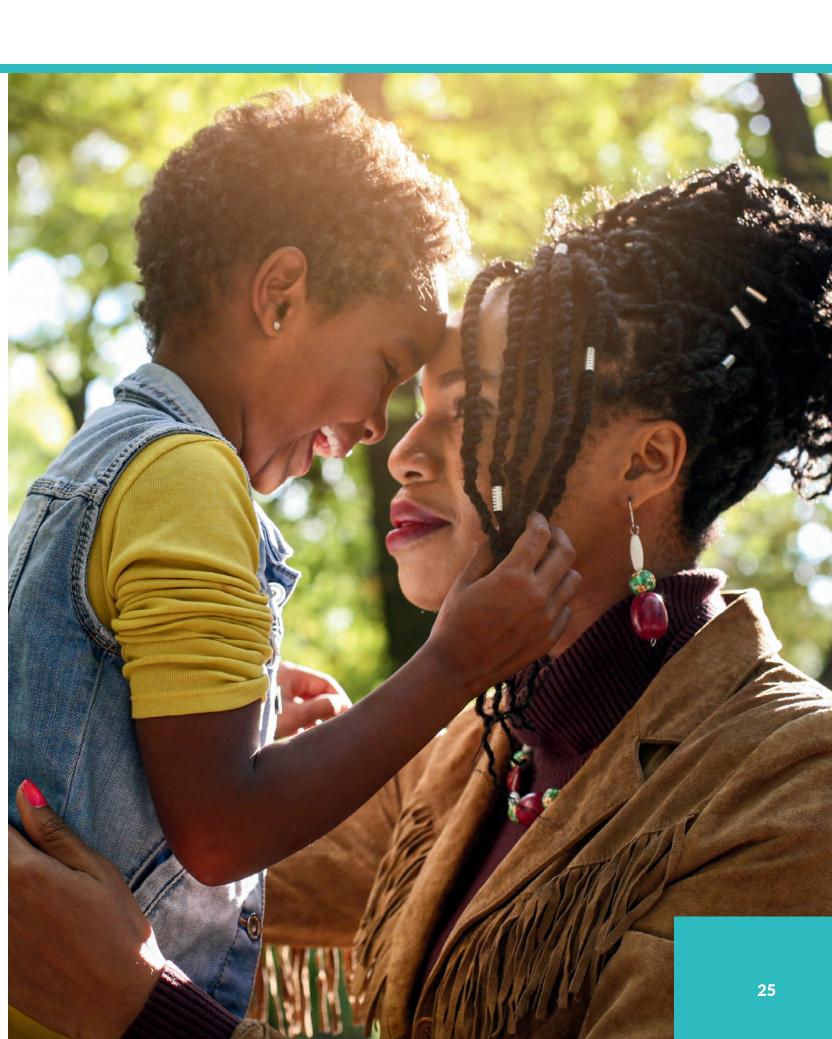
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Mets Elementary MOPS - New Life Church Mount Pleasant Baptist Church Nest4Us New Beginnings Worship Center New Breed Christian Church Nokesville 4-H Club Nokesville Church of the Brethren Nokesville United Methodist Church Northern Virginia Chapter of ARMA **NOVEC Helps Nurturing Souls Ministries** Olive Branch Baptist Church Osbourne High School Student **Council Association** Park Valley Church Payton's Project Prince William County Bar Association Prince William County Chamber of Commerce Prince William Food Rescue Prince William Retired Teachers Association

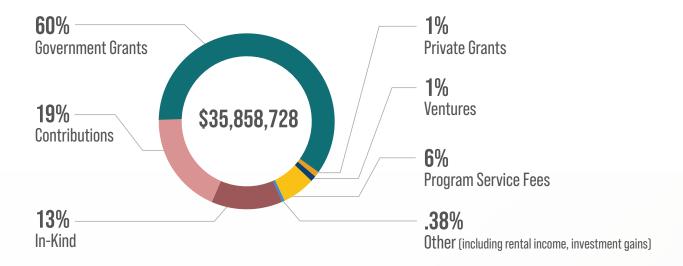
Prince William SHRM, Inc. Prince William SPCA **PURPOSE** PW National Pan-Hellenic Council Quilts 4 Kids R.C. Haydon Elementary School Regency at Creekside Regency Women's Club at **Dominion Valley** River of Grace Lutheran Church Robinson Secondary School Rotary Club of Alexandria Sai Group of Loudoun SCAN of Northern Virginia St. James Episcopal Church St. Lucy Project St. Luke Serbian Orthodox Church Stonewall Jackson High School Key Club Strength & Honor MC Gray **Ghost Chapter** Sudley United Methodist Church Tahirih Justice Center

Temple Rodef Shalom The Literacy Institute, VCU School of Education Top Ladies of Distinction, Inc. Trinity Church of Loudoun United Way of Greater Atlanta United Way of Greater Richmond & Petersburg United Way of the National Capital Area United Way Worldwide **Unity Works** Vietnamese Cultural Center Virginia Housing Alliance Volunteer Prince William Westminster School Women of Temple Rodef Shalom Word Alive Full Gospel Church Young Men's Service League -Vienna/Oakton Chapter

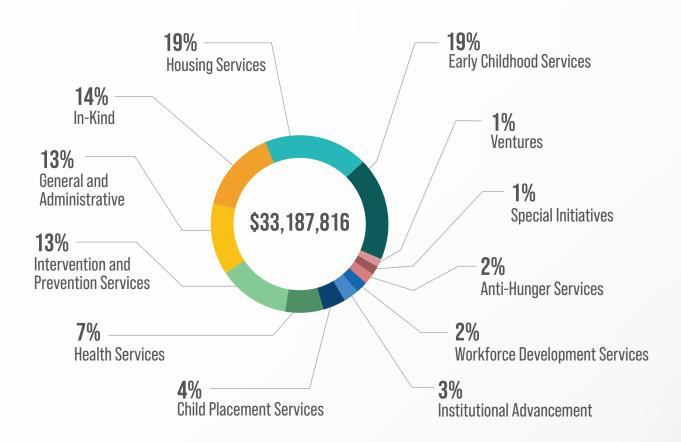
## **FY2020 FINANCIAL STATEMENT**

Every dollar you contribute is important to us. We invest your financial support and other contributions in ways that best address the most crucial needs in our community. Because of contributions from our government, foundation, corporate, and individual supporters, we are able to respond effectively and efficiently to ever-evolving community needs.

### **FY2020 SUPPORT AND REVENUE**



#### **FY2020 EXPENSES**





## **HOW YOU CAN CHANGE A LIFE TODAY**

### **DONATE**

Your generosity and compassion will transform a family's life by providing health, safety, and hope. You can give back to your local community through NVFS by:

- Donating to our Family Hope Fund
- Celebrating a friend or family member through Honor or Memorial Gifts
- Joining the Family Legacy Society to make a gift through your estate plan
- Sponsoring or attending one of our events
- Organizing a fundraising campaign unique to your company
- Engaging your family in volunteering and collection drives through our Village of Impact
- Shopping at and/or donating items to our Clock Tower Thrift Shop in Falls Church
- Participating in our back-to-school or holiday drives or hosting your own!

Donations may be made online at nvfs.org.

Or visit nvfs.org/wishlist for a list of current in-kind needs.

### **VOLUNTEER**

Volunteers are a part of NVFS's rich history of permanently lifting families out of poverty. We are committed to engaging volunteers in meaningful opportunities that encourage innovative ideas, unique perspectives and specialized expertise while ensuring the safety of our clients and our volunteers. To get the latest information about volunteer opportunities visit nvfs.org/volunteer.

#### Opportunities include:

- Prepare and serve weekend or holiday meals at our shelter
- Sort and organize items at our Clock Tower Thrift Shop
- Stock the shelves and prepare food packages at our Hunger Resource Center
- Lead creative activities for children at our Head Start programs
- Provide job training and interview coaching to prepare adults for office careers
- Lend a helping hand to keep our SERVE Campus in peak condition by assisting with building maintenance and grounds upkeep



# THANK YOU, VOLUNTEERS!

Despite the pandemic bringing life as we knew it to a halt, you and hundreds of other volunteers quickly adapted, finding creative new ways to support your neighbors hit hard by the effects.

After a very brief pause, those who were able to quickly returned to volunteer, providing essential services such as preparing food packages at our Hunger Resource Center and doing drive-by deliveries of homemade meals to our family shelter. Many got creative, too, by re-envisioning in-person volunteer roles to make them work remotely. Volunteer job trainers adopted new technology so they could continue preparing adults for office careers via online platforms. Some lent their sewing skills making face masks for clients and staff; others recorded story time videos for Head Start children doing virtual learning.

In total, over 3,000 volunteers donated a collective 35,500 hours of time to process applications for essential rent and mortgage relief assistance, keep families from going hungry and support the continuation of early childhood learning, among other roles.

Thank you for volunteering your time and talents, both in-person and remotely!



- **f** NoVAFamilyService
- Northern Virginia Family Service
  - @nvfs
  - NoVAFamilyService



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Learn more at nvfs.org