

Always Available Volunteering	
Individuals:	Clock Tower Thrift Shop (click link to view schedule & sign up)
	Hunger Resource Center (click link to view schedule & sign up)
	SERVE Weekend & Holiday Shelter Meals (contact jrmartinez@nvfs.org)
Groups:	Clock Tower Thrift Shop (contact Samara Weinstein, sweinstein@nvfs.org)
	Hunger Resource Center (contact Navara Cannon, <u>ncannon@nvfs.org</u>)
	SERVE Weekend & Holiday Shelter Meals (contact jrmartinez@nvfs.org)

Special Project Days for Volunteer Groups	
Early Childhood Center Activity Sessions:	Volunteers plan and lead classroom or playground activities with 3-5 year-old children. The Head Start Center in Arlington can take groups of up to 24 volunteers. The early childhood centers in Arlington and Manassas can take small 2-3 person groups. Examples of activities: interactive reading time followed by craft activity or game; field day on the playground. Weekday mornings only. Groups provide supplies. Contact Samara Weinstein, <u>sweinstein@nvfs.org</u> .
Spring & Fall Freshen' Up Service Days:	Groups of up to 25 volunteers conduct occasional campus clean-up projects at SERVE in Manassas. Tasks vary depending on time of year, but may include: power wash buildings and sidewalks, wash windows, paint interior walls, revitalize the wellness garden, fire stripe curbs, deep clean kitchen, etc. Weekdays only. Groups provide supplies. Contact Navara Cannon, <u>ncannon@nvfs.org</u> .
Clock Tower Thrift Shop:	Groups of 10-15 volunteers are occasionally needed to apply fresh coats of paint to walls, support a major store clean-up and reorganization of items, etc.
Annual Inventory @ Hunger Resource Center:	Groups of up to 20 volunteers unload food from shelves, weigh all food and return food to the shelves to determine a one-day count of the total pounds of food in the Hunger Resource Center in Manassas on the last day of our fiscal year. This yearly tradition for our annual audit is June 30. Some heavy lifting is involved. Contact Navara Cannon, <u>ncannon@nvfs.org</u> .
Annual Inventory @ Clock Tower Thrift Shop:	A group of up to 20 volunteers help conduct a one-day count of all items in the thrift store in Falls Church at the end of the fiscal year. Items are counted by category and value. This yearly tradition, required for our annual audit is the last week in June. Contact Samara Weinstein, <u>sweinstein@nvfs.org</u> .

DIY Group Projects Any Month of the Year	
Snack Packs:	Prepare snack packs for toddlers or teens with a variety of youth-friendly foods and
	beverages. A minimum of 5 items per pack is recommended; items should contain some
	nutritional value. Suggested packing lists by age-group are available.
Activity Bundles:	Activities and items to entertain and stimulate young minds with puzzle, word search or
	coloring books; pens, markers, journal; card games; fidget spinners, stress squishies;
	jump ropes, etc.
Game Night Packs:	Family game night bundle with a few board, cards or block games; microwave popcorn, a
	sweet snack, 100% fruit juice; fidget toys and crafts. Suggested packing lists are available.
Blankets:	Knitted, crocheted or sewn youth-size blankets for those with the skills.
	No-sew fleece blankets for those who don't sew. Youth sizes preferred.
Collection Drive:	Neighborhood spring/fall/winter cleaning drive to collect gently used housewares, shoes,
	clothing, accessories, etc. for the <u>Clock Tower</u> .

	<i>New Items:</i> non-perishable food, diapers (especially larger sizes), wipes, underwear for youth and adults, household cleaning supplies, toilet paper, full-size toiletries, African American hair care products.
DIY Mini-Fundraiser:	Use your talents! Whether you make jewelry, sew, paint, bake, make from-scratch candles or soaps, woodwork, or do handyperson work or car repair, and incentivize buyers by donating a portion of proceeds to NVFS. Youth-led fundraising activities such as a good old-fashion lemonade stand; offering to mow lawns, rake leaves or babysit for a donation to NVFS; host a car wash with a civic, sports or faith group.
For any DIY project, con	tact Karen Horowitz, <u>khorowitz@nvfs.org</u> , 571.748.2626, to learn more, get packing lists and

other instructions, ask questions, and coordinate delivery.

Road to Independence Gala Friday, May 5, 2023 @ 6 p.m. The Pavilions at Wolf Trap – 1551 Trap Road, Vienna, VA	
Sponsor:	Sponsorships are a great way to show the community that your group is committed to strengthening our community. The event highlights the resiliency of all families in our community.
Attend:	Individual tickets can be purchased. Guests network with 300 business and community leaders to celebrate how the families we work with build foundations for healthy and successful futures the hard work, hope and determination.
Volunteer:	About 25 volunteers assist with event set-up, directing guests from parking, checking guests in for the event, selling raffle tickets, closing out the silent auction, and cleaning up. The volunteer shift is 4 – 10 p.m. Contact Samara Weinstein, <u>sweinstein@nvfs.org</u>

Back2School Driv July – August 2023 Fairfax & Manassas,	
Collection Drive:	Set-up a collection box and encourage group members or the greater community to donate school supplies and backpacks to ensure nearly 2,000 school-age children have the resources they need for a successful start to the school year. Supply lists are available. Groups are encouraged to start their drives in early July to allow enough time to complete collection at the end of the month. Contact Lacy Hurst, <u>lhurst@nvfs.org</u> .
Packing Event:	Purchase supplies in bulk and host a packing event in your own space. Backpack lists for elementary, middle and high school are available. Contact Karen Horowitz, <u>khorowitz@nvfs.org</u> .
Volunteer Groups:	Up to 10-person volunteer groups are needed at the Back2School packing site in early August to unload incoming donations, sort supplies into categories, inventory stock and pack bags. Groups are also needed to assist with distribution. Contact Samara Weinstein, <u>sweinstein@nvfs.org</u> .

Operation Turkey Food Drive October – November 2023 Manassas, Virginia	
Collection Drive:	Set-up a collection box and encourage your group or the greater community to donate non-perishable foods for families facing food insecurity. Food wish lists are available. NVFS provides holiday food bags to nearly 1,000 households and relies on excess food donations to restock its SERVE Hunger Resource Center. Contact Lacy Hurst, <u>Ihurst@nvfs.org</u> .

Packing Event:	Purchase items in bulk and host a packing event in your own space. Packing lists are provided to ensure packed bags contain all the necessary household food staples. Contact Karen Horowitz, <u>khorowitz@nvfs.org</u> .
Volunteer Groups:	Up to 10-person volunteer groups are needed at the Operation Turkey distribution site in early November to unload incoming donations, sort foods into categories, inventory items and pack food bags. Groups are also needed to assist with distribution. Contact Navara Cannon, <u>ncannon@nvfs.org</u> .

Gifting for Families November – Early Dec Fairfax, Virginia	
Collection Drive:	Set-up a collection box and encourage group members or the greater community to donate new toys for all ages so nearly 2,000 experience the joy and surprise of a holiday gift. Gift cards in \$25 increments to Walmart, Target and other teen-friendly stores are also needed. Suggested toy lists are available. Contact Lacy Hurst, <u>lhurst@nvfs.org</u> .
Volunteer Groups:	Up to 10-person volunteer groups are needed at the toy closet in very early December to unload incoming donations, sort toys into age appropriate age groups, inventory items and pre-pack bags. Contact Samara Weinstein, sweinstein@nvfs.org .