

NVFS INSIDER



Monthly Newsletter of Northern Virginia Family Service

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Your Dollars in Action: Stella's Story



Stella* was working as a crew member earning \$10/hour at a chain restaurant. Her job was more than 20 miles away from her home and she was spending more than \$400 a month on gas. Though her immediate goal was to find a job closer to home, her dream was to work in the healthcare field. With the help of supporters like you, Stella improved her interviewing skills, redesigned her resume, and walked away with more confidence.

With personalized coaching and training through NVFS' workforce programs, she landed a full-time job as a daycare worker near her home. Stella was thrilled that she was working closer to home and making more money! She feels good about this new path and what it means for her long-term stability and well-being. Meanwhile, she hasn't forgotten about her dream. Stella enrolled in a phlebotomy and medical assisting certification course and is creating a brighter future for herself one day at a time.

*named changed for confidentiality

Be a hero all year long.

Become a monthly donor for just 83 cents a day. Together, we will build a brighter future for our community.

Donate Today



Industry Insights: Why Nonprofits Need Private Sector Help



“Corporations are key to the trifecta of public, private and philanthropic partnerships that fuel innovation and opportunity in our region. Along with individual and philanthropic support, their financial contributions go a long way in enabling nonprofits to deliver mission-driven support and services to the community at large.”

— Stephanie Berkowitz, President and CEO, Northern Virginia Family Service

You can read Stephanie’s full op-ed on why nonprofits need private sector help in the [Washington Business Journal](#).

Click Below to Watch the Thank You Video from NVFS' Back2School Brigade



This past summer, you came together in a big way for the annual Back2School drive. With your help, we prepped 1,500+ backpacks for students in our community. Thank you for inspiring kids to walk confidently, smile brightly, and dream bigger!

Building Resiliency Among Our Immigrant Communities

NVFS continues to respond to the new and evolving challenges that Northern Virginia's immigrant communities are facing. Thanks to community supporters and donors, we are providing a core set of services that have proven to be effective in increasing resiliency, while also adapting to new and urgent needs. Examples include:

- Supporting immigrant clients with comprehensive services designed to address their basic, legal, and mental health needs.
- Providing mental health services and immigration and legal services to survivors of torture and trauma.
- Conducting [Know Your Rights](#) trainings in communities to inform immigrant residents of their legal rights and the services available to them.
- Providing professional development and trainings to professionals who serve children.
- Helping families navigate the challenges of reunification after immigration-related separations.

If you know of anyone in your community that might benefit from these services, please have them [email](#) or call us at 571-748-2500.

You can directly support the efforts at building resiliency among our immigrant communities by [donating here](#).

Corporate Spotlight: Evans Incorporated



The CARE Awards recognizes outstanding companies making our region a better place for everyone to work, live, and play. In times of hardship, supporting employee wellbeing is a critical practice. The government shutdown this past year was an example of this hardship. One local company, [Evans Incorporated](#), clearly demonstrated why they've been recognized as a winner multiple times at [NVFS' Care Awards](#).

[Click here to read more](#) about how Evans Incorporated went above and beyond to ensure all employees—both directly and indirectly—impacted by the government shutdown felt supported through the uncertainty, and join us at NVFS' CARE Awards on November 15th to hear more from inspiring companies making an impact in our region.

Top Volunteer Needs

Food Assistance Specialist (urgent need for Thursday afternoons) - SERVE Campus

Food Recovery Driver - SERVE Campus

Shelter Passenger Driver - SERVE Shelter

Shelter Meals Provider - SERVE Campus

Children's Activities Specialist - SERVE Shelter



Top Donation Needs

SERVE Campus_(general): Diapers, wipes, baby blankets

Hunger Resource Center: Cereal, rice, canned fruit/applesauce, canned beans

SERVE Family Shelter: Diapers (size 2,3,4,5), baby wipes, air mattresses, queen sheets, bed sized blankets, full size hygiene items (shampoo, conditioner, body wash, lotion, deodorant), q-tips, baby wash/baby lotion, baby blankets, laundry baskets, laundry detergent, paper towels, all-purpose cleaner, floor cleaner, glass cleaner, disinfecting wipes, children's socks, boys/girls underwear, men's boxers/boxer briefs

Training Futures: 3-ring binders, flash drives, mouse pads

Here is a complete **wishlist of items**.

Events & Opportunities at NVFS

SERVE IT UP: [Fall 2019](#)

CONNEXT: [October 8, 2019](#)

CARE Awards: [November 15, 2019](#)



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