

Northern Virginia Family Service Presents

Fall Food Drive

Help stock the shelves at the Hunger Resource Center to ensure we're ready to meet the heightened demand for resources during the holiday season.

nvfs.org/support/fall-food-drive

For general inquiries, contact Lacy Hurst: LHurst@nvfs.org or 571.748.2672

DONATIONS NEEDED!

canned fruit
applesauce
canned vegetables
canned meat/fish
canned potatoes
beans/lentils
soup

broth/stock
pasta sauce
pasta
rice
coffee/tea
one-box meals (like
Hamburger Helper)

peanut butter
jelly
cereal
oatmeal
pre-made baking mix
flour
sugar

shelf-stable milk
cooking oil/spray

Grocery giftcards
NVFS suggest Giant

*Gluten-free, low-
sodium and low-sugar
items needed!*



Donations are picked up at the school on Tuesday, October 24

Donate Funds Online or by Check

Donate online: nvfs.org/support/fall-food-drive

Donate by check: Please make checks payable to "Northern Virginia Family Service" Attn: Fall Food Drive 10455 White Granite Dr. Suite #100, Oakton, VA 22124

Volunteer

Friday, Oct. 20 – Saturday, Nov. 4

For volunteer opportunities, contact Navara Cannon: ncannon@nvfs.org or 571.748.2536



Northern Virginia Family Service (NVFS) is a private, nonprofit organization dedicated to empowering individuals and families to improve their quality of life, and to promoting community cooperation and support in responding to family needs. Fall Food Drive donations benefit families in Prince William County and the cities of Manassas and Manassas Park. Please note, should contributions for Fall Food Drive exceed our budgeted need, gifts will be directed to where they are needed most to help children and families living in poverty throughout Northern Virginia.

These materials are neither sponsored nor endorsed by Prince William County Schools.

Northern Virginia Family Service Presenta

Fall Food Drive

Ayude a abastecer el Centro de Recursos para prevenir el Hambre con comida para ayudarnos a satisfacer la creciente necesidad en la comunidad esta temporada.

nvfs.org/support/fall-food-drive

Por consultas generales, contacte a Lacy Hurst: LHurst@nvfs.org or 571.748.2672

SE NECESITA!

Fruta enlatada
Puré de manzana
Verduras enlatadas
Pescado enlatado
Papa enlatada
Arroz y frijoles
Sopas

Caldo
Pasta y salsas
Café y té
Comidas en cajas
(como Hamburger
Helper)
Carne enlatada

Mantequilla de Maní
Mermelada
Cereal
Avena
Preparado muffin
Bisquick
Azúcar
Harina

Leche estable
Aceita de cocina

Tarjetas de regalo
(NVFS sugiere Giant)

*También se buscan
versiones sin gluten!*



Se recogerán las donaciones de la escuela el martes 24 de octubre

Donaciones en efectivo

Donar en línea: nvfs.org/support/fall-food-drive

Donar por cheque: Por favor escriba "Northern Virginia Family Service"

Attn: Fall Food Drive 10455 White Granite Dr. Suite #100, Oakton, VA 22124

Volunteer

Viernes 20 de octubre – sábado 4 de noviembre

Para oportunidades de voluntariado, contacte a Navara Cannon: ncannon@nvfs.org or 571.748.2536



Northern Virginia Family Service (NVFS) es una organización privada sin fines de lucro dedicada a capacitar a las personas y familias para mejorar su calidad de vida, y para promover la cooperación y el apoyo de la comunidad para responder a las necesidades de la familia. Todas las donaciones de "Fall Food Drive" benefician a las familias en el condado de Prince William y las ciudades de Manassas y Manassas Park. Tenga en cuenta que si las contribuciones para "Fall Food Drive" superan nuestra necesidad presupuestada, los obsequios se enviarán a donde más se necesitan para ayudar a los niños y las familias que viven en la pobreza en todo el norte de Virginia.

Estos materiales ni se patrocinan ni se promocionan por Prince William County Schools.